



## Finding Help in Federal Way Guide to Human Services

### **Counseling:**

*Valley Cities Counseling & Consultation*  
Mental Health Counseling  
33301 1<sup>st</sup> Way S, Suite C-115  
Federal Way, WA 98003  
(253) 939-4055 – new clients  
(866) 427-4747 – 24 hour crisis line

### **Domestic Violence Services:**

*DAWN*  
Shelter Services; Community Advocacy  
(425) 656-7867

*YWCA*  
Children's Domestic Violence Services  
Domestic Violence Services  
1010 S 2<sup>nd</sup> Street  
Renton, WA 98057  
(425) 226-1266, ext.1017

### **Emergency Assistance:**

*Catholic Community Services*  
Emergency Assistance Program  
1229 West Smith  
Kent, WA 98035  
(253) 850-2523 x1

*FW Community Caregiving Network*  
Rent Assistance & Emergency Shelter  
(253) 661-0505

*Multi-Service Center*  
Emergency Assistance  
1200 S 336<sup>th</sup> Street  
Federal Way, WA 98003  
(253) 838-6810

*St. Vincent de Paul*  
Emergency Human Services  
(206) 767-6449

### **Food & Clothing:**

*Emergency Feeding Program*  
575 Rainier Ave N  
Renton, WA 98057  
(206) 329-0300

*Multi-Service Center*  
Food & Clothing Bank  
1200 S 336<sup>th</sup> Street  
Federal Way, WA 98003  
(253) 838-6810

### **Housing & Shelter**

*Catholic Community Services*  
Reach Out Winter Shelter  
(253) 854-0077 Ext. 2

*FUSION*  
Transitional Housing  
(206) 473-8067

*Multi-Service Center*  
Emerg. Shelter & Trans. Housing  
1200 S 336<sup>th</sup> Street  
Federal Way, WA 98003  
(253) 838-6810

### **Legal Services**

*King County Bar Foundation*  
(206) 267-7100

### **Medical/Dental**

*HealthPoint*  
Medical & Dental Services  
33431 13th Place South  
Federal Way, Washington 98003  
(253) 874-7634

### **Parenting**

*Birth to Three*  
35535 6th Place SW  
Federal Way, WA 98023  
(253) 874-5445

*Institute for Family Development*  
34004 16th Ave S  
Federal Way, WA 98003  
(253) 874-3630

### **Senior Services**

*Federal Way Senior Center*  
Adult Nutrition  
4016 S 352<sup>nd</sup> Street  
Auburn, WA 98001  
(253) 838-3604

*Catholic Community Services*  
Volunteer Chore Services  
(888) 649-6850

*Senior Services of Seattle-KC*  
Meals on Wheels  
(206) 448-5757

### **Transportation**

*Senior Services of Seattle-KC*  
Hyde Shuttle  
(206) 727-6262

*Senior Services of Seattle-KC*  
Volunteer Transportation  
(800) 282-5815

### **Sexual Assault Services**

*KC Sexual Assault Resource Center*  
(888) 998-6423

### **Youth Services**

*Auburn Youth Resources*  
816 F Street SE  
Auburn WA 98001  
(253) 939-2202

*Boys & Girls Club of Federal Way*  
30815 8th Ave. S  
Federal Way, WA 98003  
(253) 681-6510

*Communities in Schools of FW*  
Mentoring Program  
31919 1st Ave. Ste. 202  
Federal Way, WA 98003  
(253) 528-0847

*Crisis Clinic*  
Teen Link  
(866) 833-6546

*Kent Youth & Family Services*  
Substance Abuse Services  
(253) 859-0300

*Valley Cities Counseling & Consultation*  
Girl's Circle & Youth Development  
(253) 939-4055